



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	435634	Mane Hair Food
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Mane Hair Food	
<b>Postal Address</b>	258 Ron Penhaligon Way, Robina, QLD, 4226 Australia	
<b>ARTG Start Date</b>	19/01/2024	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Mane Hair Food

Product Type	Single Medicine Product	Effective Date	19/01/2024
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### Permitted Indications

- Traditionally used in Ayurvedic medicine to medhya/brain tonic/improve memory and cognition
- Maintain/support energy levels
- Maintain/support body metabolism/metabolic rate
- Traditionally used in Western herbal medicine to nutritive tonic
- Maintain/support hair growth
- Maintain/support hair health
- Maintain/support hair strength/thickness
- Decrease/reduce hair loss/thinning
- Maintain/support nail health/strength/thickness
- Maintain/support healthy thyroid gland function
- Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of stress
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of mild anxiety
- Maintain/support cognitive function/mental function
- Maintain/support memory/mental recall

### Indication Requirements

- Product presentation must not imply or refer to serious conditions associated with alopecia e.g. autoimmune disease, chemotherapy.
- Product presentation must only refer to mild anxiety.
- Product presentation must not imply or refer to any thyroid related diseases.
- Label statement: If symptoms persist, talk to your health professional.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
- Product presentation must not imply or refer to chronic fatigue syndrome.
- If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

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**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

Not for the treatment of iron deficiency conditions (or words to that effect).

If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

**Additional Product information**

**Pack Size/Poison information**

Pack Size	Poison Schedule
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**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>Biotin</b>	<b>.0366 mg</b>
<b>borax</b>	<b>.2937 mg</b>
Equivalent: boron	.033 mg
<b>Camellia sinensis leaf Extract dry concentrate</b>	<b>10.38 mg</b>
Equivalent: Camellia sinensis (Dry)	155.7 mg
<b>colloidal anhydrous silica</b>	<b>7.12 mg</b>
Equivalent: silicon	3.33 mg
<b>copper gluconate</b>	<b>2.86 mg</b>
Equivalent: copper	.4 mg
<b>cysteine</b>	<b>23.33 mg</b>
<b>Equisetum arvense herb Extract dry concentrate</b>	<b>16.67 mg</b>
Equivalent: Equisetum arvense (Dry)	166.67 mg
<b>Fucus vesiculosus leaf Extract dry concentrate</b>	<b>10 mg</b>
Equivalent: Fucus vesiculosus (Dry)	120 mg
<b>Ginkgo biloba leaf Extract dry concentrate</b>	<b>26.67 mg</b>
Equivalent: Ginkgo biloba (Dry)	1.3335 g
<b>iron (II) glycinate</b>	<b>13.8 mg</b>
Equivalent: iron	2.67 mg
<b>Malpighia glabra fruit juice Juice concentrate</b>	<b>33.33 mg</b>
Equivalent: Malpighia glabra (Fresh)	833.25 mg
<b>manganese amino acid chelate</b>	<b>16.7 mg</b>
Equivalent: manganese	1.67 mg
<b>methionine</b>	<b>16.67 mg</b>
<b>selenomethionine</b>	<b>.0579 mg</b>
Equivalent: selenium	.0233 mg
<b>Serenoa repens fruit Extract dry concentrate</b>	<b>33.33 mg</b>
Equivalent: Serenoa repens (Dry)	333.3 mg
<b>Urtica dioica leaf Extract dry concentrate</b>	<b>20 mg</b>

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Equivalent: Urtica dioica (Dry)	200 mg
<b>Vitis vinifera seed Extract dry concentrate</b>	<b>105.26 mg</b>
Equivalent: Vitis vinifera (Dry)	12.6312 g
<b>Withania somnifera root Extract dry concentrate</b>	<b>33.33 mg</b>
Equivalent: Withania somnifera (Dry)	666.6 mg
<b>zinc amino acid chelate</b>	<b>17.48 mg</b>
Equivalent: zinc	3.33 mg

**Other Ingredients (Excipients)**

citric acid  
colloidal anhydrous silica  
glycine  
hypromellose  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
potable water  
silicon dioxide

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