



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	478129	Natal Support
ARTG entry for	Medicine Listed	
Sponsor	Honest Health Co Pty Ltd	
Postal Address	44 Seabrook Street, Elanora, QLD, 4221 Australia	
ARTG Start Date	7/02/2025	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Natal Support

Product Type	Single Medicine Product	Effective Date	7/02/2025
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Permitted Indications

Helps maintains/support healthy foetal CNS/brain development

Maintains/support healthy foetal development

Maintain/support healthy pregnancy

Maintain/support maternal health

Maintain/support preconception health in females

Helps prepare the body for pregnancy

Aid/assist healthy thyroid hormone production for pregnancy

Maintain/support healthy thyroid gland function for pregnancy

Indication Requirements

Product presentation must not imply or refer to any thyroid related diseases.

Label statement: If you have pre-existing thyroid conditions, seek advice from your medical practitioner before taking this medicine.

Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Product presentation must not imply or refer to infertility.

Indication can only be used for medicines that contain iodine as a mandatory component of one or more permitted active ingredients and the recommended daily dose of the medicine provides a minimum of 150 micrograms of iodine.

Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].



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Do not take while on warfarin therapy without medical advice.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

biotin	.15 mg
calcium pantothenate	27.29 mg
Equivalent: pantothenic acid	25 mg
choline bitartrate	486.26 mg
Equivalent: choline	200 mg
chromium picolinate	.2011 mg
Equivalent: chromium	.025 mg
colecalfiferol	.0125 mg
Dunaliella salina cell Powder	30 mg
levomefolate calcium	.271 mg
Equivalent: levomefolic acid	.25 mg
manganese sulfate monohydrate	3.08 mg
Equivalent: manganese	1 mg
mecobalamin	.25 mg
menaquinone 7	.03 mg
menaquinone 7	.03 mg
molybdenum trioxide	.0375 mg
Equivalent: molybdenum	.025 mg
nicotinamide	20 mg
phytomenadione	.045 mg
potassium iodide	.1766 mg
Equivalent: iodine	.135 mg
pyridoxal 5-phosphate monohydrate	31.35 mg
Equivalent: pyridoxine	20 mg
riboflavin sodium phosphate	13.67 mg
Equivalent: riboflavin	10 mg
selenomethionine	.1242 mg
Equivalent: selenium	.05 mg
thiamine nitrate	12.34 mg
Equivalent: thiamine	10 mg
ubidecarenone	30 mg
zinc glycinate	40.81 mg
Equivalent: zinc	12.5 mg

Other Ingredients (Excipients)

Acacia
colloidal anhydrous silica
dl-alpha-tocopherol
hypromellose

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magnesium stearate
maize starch
maltodextrin
medium chain triglycerides
microcrystalline cellulose
Olive Oil
purified water
silicon dioxide
sucrose

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