



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	65601	BRAUER CALM TABLETS
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Brauer Natural Medicine Pty Ltd	
<b>Postal Address</b>	PO Box 234, TANUNDA, SA, 5352 Australia	
<b>ARTG Start Date</b>	31/07/1998	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

Sponsors must confirm the absence of aristolochic acids, in all medicines containing herbal material derived from any of the following plant genera - Akebia, Asarum, Bragantia, Clematis, Cocculus, Diplocisia, Menispermum, Saussurea, Sinomenium, Stephania, Vladimiria. The confirmation must be undertaken by chemical analysis using Liquid Chromatography Mass Spectrometry (LC-MS). The methodology used should adhere to best practice according to contemporary scientific literature.

Confirmatory evidence is to be provided to the Director of Listing Compliance, Complementary and OTC Medicines Branch, prior to supply of each batch in Australia. The evidence submitted to the TGA is to include the certificate of analysis, all relevant details of the methodology, such as analytical method validation data, and the raw results.

All supporting evidence must be approved by the TGA prior to supply of the batch in Australia.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1. BRAUER CALM TABLETS

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	29/07/2022
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#### Permitted Indications

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve restlessness/excess nervous energy

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve symptoms of stress

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve nervous tension/unrest

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve sleeplessness

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve disturbed/restless sleep

#### Indication Requirements

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must only refer to mild anxiety.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

Homoeopathic product/preparation or medicine (or words to that effect)

(If medicine contains one sugar) contains [insert name of sugar] OR (If medicine contains two or more sugars) Contains sugars [or words to that effect].

#### Additional Product information



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Pack Size/Poison information	
Pack Size	Poison Schedule
Components	
1 . Formulation 1	
Dosage Form	Tablet, uncoated
Route of Administration	Sublingual
Visual Identification	
Active Ingredients	
Anamirta cocculus fruit (Homeopathic)	362.5 nanolitre
Equivalent: Picrotoxin	181.25 picogram
Chamaelirium luteum root and rhizome (Homeopathic)	362.5 nanolitre
Passiflora incarnata herb flowering (Homeopathic)	362.5 nanolitre
phosphoric acid (Homeopathic)	362.5 nanolitre
sepia (Homeopathic)	362.5 nanolitre
Strychnos ignatii seed (Homeopathic)	362.5 nanolitre
Equivalent: strychnine (of Strychnos spp.)	55.5 picogram
Strychnos nux-vomica seed (Homeopathic)	362.5 nanolitre
Equivalent: strychnine (of Strychnos spp.)	0 picogram
zinc (Homeopathic)	362.5 nanolitre
Other Ingredients (Excipients)	
glucose monohydrate	
magnesium stearate	

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