

# HEAVY METALS SUMMARY SHEET

	MERCURY	CADMIUM	LEAD	ARSENIC	ALUMINIUM
Selenium	X	X	X	X	X
Copper	X	X	X	X	X
Vitamin E	X	X	X	X	X
Zinc	X	X	X	X	X
Iron	X	X	X	X	X
Calcium	X	X	X	X	X
Probiotics	X	X	X	X	X
Antioxidants	X	X	X	X	X
Fruit/Tomatoes	X				
Metallothionein			X	X	
Folate				X	
Choline				X	
Vitamin B6/B12				X	
NAC			X		
Garlic			X		
Coriander			X		
Silicon					X