



23rd June 2023

Designs for Health Liposomal medicines have all been allocated a 2-year shelf-life when kept under refrigerated conditions, with the exception of Liposomal B12 which is stable for 18 months out of the fridge.

Refrigerated liposomal formulations are generally temperature sensitive, however can still maintain stability and quality when stored outside of recommended conditions for short periods of time up to around 10 days, providing the seal and lid are not broken or open and it has been kept at standard ambient temperatures below 25°C.

After this amount of time, if the product has discoloured, is cloudy or is displaying a “stringy” consistency, then we do not recommend that it be used as it may have started to degrade.

All Designs for Health liposomal products are placed on ongoing 3-year stability protocols in both refrigerated and ambient conditions for monitoring, and the shelf-life and storage conditions are revised if necessary to ensure exceptional product quality.

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